



## **Garden FIELD Volunteer Description**

Our Garden Volunteer position is open to individuals that are interested in commitment to volunteering in the garden on a regular basis. These volunteers will work closely with Sunflower Hill's farmer to complete important garden tasks. We welcome volunteers that are new to working in a garden setting and interested in learning.

When:

9:00am - 12:30pm Tuesdays, Thursdays, or Fridays

**\*\*Please commit** to one, two, or even three days a week. Consistency is important as it determines what tasks we can accomplish on a given day.

What:

- Assist in setting up and closing the garden tasks for the special needs programs
- General garden work - After coaching from the Farmer, complete general garden work such as weeding, planting, harvesting, composting, etc.
- Tool maintenance - helping to maintain garden tools used for program activities
- Special event help - occasionally assist staff in preparing for family days and other special projects.

Desirable Skills

- Experience working in a garden or farm setting
- Experience working with hand tools
- Experience operating and maintaining common garden power tools
- Comfortable working outdoors in hot/cold/wet weather
- Capable of traversing uneven terrain, move up to 25 lbs, and able to position self in the field/work benches to complete farm tasks
- Able to identify, or quickly learn, and distinguish several different plant species

If you are interesting in regularly volunteering with us, please email Sarah Renton, at [info@sunflowerhill.org](mailto:info@sunflowerhill.org).