



Sunflower Hill Newsletter

April 27, 2021



Dear Sunflower Hill Supporter,

As we begin to open up from some of the COVID-19 restrictions from this past year, we hope that you and your loved ones are healthy and looking forward to returning to a life outside of your homes, interacting in-person with others. We at Sunflower Hill continue to closely follow federal and state guidelines as we create both [in-person](#) and [virtual programming](#) options with a goal of ensuring the safety of all our program participants, their caregivers, loved ones and our staff.

National Volunteer Month

April is National Volunteer Month, a month dedicated to honoring all of the volunteers in our communities. We would like to thank and recognize all of our volunteers who have leant their energy, good-will and can-do attitudes in support of Sunflower Hill. We feel incredibly lucky to have so many dedicated individuals who generously give of their time. We are grateful for their dedication and passion for supporting adults with intellectual and developmental disabilities! Earlier this month, we enjoyed hosting Love Livermore in the Sunflower Hill Garden. Sunflower Hill Programs Manager Rebecca Langstaff toured the Garden with the Love Livermore Team, who interviewed and featured some of our garden volunteers in their segment! If you missed it, watch [Love Livermore's video](#), featuring two of our longtime garden volunteers! Thank you to all of the volunteers who make a difference in our community!

Vaccine Clinic at Irby Ranch

Sunflower Hill at Irby Ranch was thrilled to host a COVID-19 Vaccine Clinic in early April. Coordinated by the [Alameda County Public Health Department](#), Satellite Affordable Housing Associates ([SAHA](#)), and Wellspring Pharmacy, the clinic was open to people with intellectual and developmental disabilities and their caregivers. We're thrilled to report that 300 people received their vaccination at the clinic! We were heartened to watch so many of our residents and their support staff receive their vaccine. There were many highlights from the day, including a man who walked into the clinic repeating "I'm not doing it, I'm not doing it, I'm not doing it." On his way out, he repeated "I did it, I did, I did it!" There was also a caregiver who commented, "We are so very grateful. We honestly didn't know how we were going to get this done. She won't keep her mask on, she can't wait in lines, she would scream because she is so stressed out by new environments. We couldn't imagine trying to get served at a

pharmacy or big vaccination site.” It was a busy day, and we're thankful to the many volunteers who helped to make the clinic run smoothly.



While it's been a challenging year, we are grateful to all of you for your continuing support. Thank you for being a part of the Sunflower Hill community!

All my best,

Edie

Edie Nehls, Executive Director

A promotional poster for the Sunflower Showcase event. On the left, there is a graphic of three sunflowers above a brown rectangular frame with white lights, containing the text "SUNFLOWER SHOWCASE" in green. To the right, the text reads "July 23, 2021", "Bankhead Theater", and "In-Person & Virtual Tickets". A red diagonal banner in the top right corner says "Tickets On Sale Soon!".

July 23, 2021
Bankhead Theater
In-Person & Virtual Tickets

Tickets On Sale Soon!

The Sunflower Showcase, being held July 23, 2021 at the Bankhead Theater, will be a visual and performing arts fundraising event, providing critical funds to support the mission and vision of Sunflower Hill. The event will be held in-person, with a virtual option, and will be emceed by local comedian, Regina Stoops, and feature a performance by America's Got Talent Season 14 Winner, Kodi Lee. VIP ticket holders will enjoy a unique reception showcasing works of art, poetry, and other pieces by talented, local adults with intellectual and developmental disabilities. The VIP reception will also feature heavy appetizers and drinks. All in-person attendees will enjoy the live and silent auctions, raffles, and games! **Tickets will be on sale soon.**

Sponsorship Opportunities

Sunflower Showcase [sponsorship packages](#) offer a variety of unique recognition opportunities, including video ads during the event, space in digital ads outside the Bankhead Theater, VIP tickets, and more. Choose one of our packages, or [contact us](#) to customize your own package.

Donate an Auction Item

Help us make the Sunflower Showcase Live and Silent auctions extraordinary! We're looking for unique items or experiences to include in our auctions. For more information on how to donate to our auctions, please [contact us](#).

We hope you'll join us for a memorable night showcasing and supporting adults with intellectual and developmental disabilities!



Irby Ranch Resident Spotlight on Bruce

Don't miss this month's Sunflower Hill at Irby Ranch [Resident Spotlight on Bruce](#)! Bruce shares what it means to him to live independently, a joyful and emotional video, and his plans for 2021. Don't miss Bruce's story and our other blog articles, which feature [resident reviews](#), [motivational activities](#), [adaptive cooking tips](#), [adaptive gardening tips](#), and more!

Subscribe to the Blog

Cooking Program Success

Cooking with Teacher Abby's 4-week, Simple Meals class kicked-off this month with a tasty and healthy sheet-pan fajitas dish. Participants in each of our cooking classes have been learning new skills and testing their knowledge in the kitchen these past few months. Their excitement when trying new skills and foods is giving them an opportunity to gain independence and build confidence. One participant commented, **"That Abby, she's just so kind! I really like her a lot. Her Cooking Class is just so fun."** Teacher Abby has created an exciting curriculum for the summer months and is looking forward to kicking off a summer of tasty and healthy new recipes with each of the program participants!



Teacher Abby gets a thumbs-up from her Cooking Class participants.



Rotarian Foundation of Livermore Grant

We're grateful to the [Rotarian Foundation of Livermore](#), for recently [awarding Sunflower Hill with a \\$3,850 grant](#) to support the Sunflower Hill Garden and our annual spring planting project. Specifically, the grant is used to equip staff members with the materials and tools needed to ensure a productive planting day and robust summer harvest, which supports a wide range of program participant abilities and a varied amount of produce to donate. Additionally, members of the Rotary Club of Livermore volunteered their time for the spring planting project, helping to install t-posts for tomato trellising, prepping garden beds, sifting manure, and weeding! Thank you, Rotarian Foundation of Livermore for your ongoing generosity and hard work!

Pleasanton Rotary Club Foundation Grant

We're thrilled to have recently received a \$2,500 [Pleasanton Rotary Foundation grant](#), which will be used to purchase supplies for programs at Sunflower Hill at Irby Ranch. Specifically, the grant will enable Sunflower Hill to purchase craft supplies, which will allow residents opportunities to creatively express themselves and improve their fine motor skills. In addition, the grant will provide funding for Sunflower Hill to introduce a Pen Pal program, which will allow residents to practice letter-writing, and further develop social interaction skills and a sense of community. Thank you, [Pleasanton Rotary Club Foundation](#) for supporting adults with intellectual and developmental disabilities!

SUPPORT SUNFLOWER HILL



Click here to choose **Sunflower Hill** as your "Charitable Organization"

Amazon will donate 0.5% of the purchase price from your eligible purchases to Sunflower Hill at no cost to you!

UPCOMING BIRTHDAY OR ANNIVERSARY ?



Click to create a Facebook Fundraiser to benefit Sunflower Hill




SUPPORT SUNFLOWER HILL

Donate your vehicle, whether it's running or not!

Click to Learn More!



SUPPORT SUNFLOWER HILL BY BECOMING A MONTHLY DONOR!

Click here to join a special, dedicated group of people donating each month to provide residential housing options and robust programming for people with developmental disabilities!

Support **Sunflower Hill** by purchasing items on our Amazon Wishlist!



Click here to view our Amazon wish list. Purchased items will be shipped directly to us!

Support Sunflower Hill by **liking and sharing** our social media posts!



Follow us on social media!

Follow Us



Donate Today!

Share This Email!



Contact Us

info@sunflowerhill.org | 925-800-1042

Having trouble viewing this email? [View it in your web browser](#)

Share This Email



[Unsubscribe](#) or [Manage Your Preferences](#)