



***From all of us at Sunflower Hill, we wish you and your family
Happy Holidays and a Joyous 2020!***

Thanks to You, #GivingTuesday was a Success!



You Gave The Gift of Empowerment!

With a few last-minute corporate matches just in, we're thrilled to announce that we raised **\$25,760** on #GivingTuesday, exceeding our goal of \$24,000 in 24 hours! Thank you for supporting Sunflower Hill and Giving the Gift of Empowerment to adults with developmental disabilities! Your donations will help to fund our Garden and Stable Cafe programs in 2020!

Thank You to Our Community Partners!

We couldn't have met and exceeded our goal without our generous matching partners, [Saba Software](#) and [Community Health & Education Foundation](#) (CHEF), and

our Pizza for a Purpose giveback partner, [Porky's Pizza Palace - Pleasanton](#)! Thank you, partners!

Volunteers Make an Impact at Sunflower Hill Gardens



Sunflower Hill Gardens Volunteer, Pam Eckert

Pam Eckert, Master Gardener and Gourd Guru has been volunteering at the Sunflower Hill Gardens since 2015! Pam volunteers her time and gardening expertise with our program participants as well as during our seasonal and special events in the garden. Pam also enjoys creating our harvest basket masterpieces (pictured) that we offer to local non-profits for their fundraisers. As our resident "Gourd Guru", Pam lends her knowledge on drying and preparing the gourds that are grown in the garden for planters and other uses. As a Master Gardener, Pam says that it's "gratifying to know that the abundance of organic produce that is grown at Sunflower Hill Gardens is donated to those in need." Thank you, Pam, for your talent and dedication! If you're interested in volunteering or learning more about our

volunteering opportunities in the garden, [contact us](#).

Youth Volunteers Help with Fall & Winter Gardening!

Fall and Winter are busy times for garden clean-up and maintenance and we greatly appreciate all the support! A big thank you goes out to the group of [National Honor Society](#) students from [Livermore High School](#) who joined us in the garden last month for a day of volunteering! They harvested produce to be donated to [Culinary Angels](#), transplanted herbs, and weeded!





We were also thrilled to host several hard-working volunteers from the [Young Men's Service League](#) who weeded an entire planting block - no small task!

Interested in having your organization volunteer at our Garden? [Contact us!](#)

Make a Difference Festival

Learn about Volunteer Opportunities at the Make a Difference for Pleasanton Festival

Interested in volunteering at Sunflower Hill or with other local organizations? Get Connected and Stay Connected through Volunteerism and Community Service by attending the [Make a Difference for Pleasanton Festival](#) on Saturday, January 18, 2020 from 10:00 am to 2:00 pm at the Pleasanton Senior Center! This annual event is family-friendly, open to all ages, and is a great way to learn about volunteer opportunities in Community Service, Emergency Preparedness and Safety, and Health and Wellness! We hope to see you there!



Support Sunflower Hill!

Click, Like, and Follow!

Help us spread the word on what we do and who we serve! If you haven't already, follow us on social media; like our posts, share, and tag friends. Use the icons at the end of this email to visit our social media pages and follow Sunflower Hill!

Shop Amazon?

Now you can donate to Sunflower Hill when you shop on Amazon! Just visit [AmazonSmile](#), choose Sunflower Hill as your charitable organization, and then shop as you would normally. Sunflower Hill will receive a 0.5% of the price of your eligible AmazonSmile purchases!



Maximize Your Giving Impact!

Did you know that CHEF, the Community Health & Education Foundation, offers a **donation match on the 1st day of each month**? CHEF is an organization that serves the Tri-Valley by providing resources and opportunities for local non-profits to foster a community of giving. On the 1st day of each month, CHEF will match \$1 for every \$2 donated to local non-profits like Sunflower Hill. CHEF's goal is to generate \$60,000 of monthly giving in the Tri-Valley. Funds typically are met within hours of being opened - so visit the [CHEF website](#) (be sure to select Sunflower Hill) **early on the 1st day of each month!**

Community Happenings

Report on Autism from The American Academy of Pediatrics

The American Academy of Pediatrics issued a [report](#) on December 16, 2019 with updated clinical recommendations for treating children with autism. These recommendations reflect the significant changes in

the field of autism since the last recommendations report in 2007. The organization recommended developmental and autism-specific screening at scheduled intervals throughout childhood and emphasized the importance of starting evidence-based intervention therapies early for more positive outcomes. For more information, read the [report](#).

Greta Thunberg Chosen as Time Magazine's Person of the Year

Environmental activist, Greta Thunberg has been chosen as the 2019 [Time Person of the Year](#) by Time Magazine. Thunberg, who is 16-years-old and has Asperger's Syndrome, has been vocal in her fight against climate change. In addition to being chosen as the 2019 Time Person of the Year, Thunberg also received an honorary fellowship from the [Royal Scottish Geographical Society](#) in 2019. This past September she addressed the UN Climate Action Summit in New York, and has been nominated for the 2019 [Nobel Peace Prize](#).

Upcoming Events

January 1: [CHEF Giving](#)

January 12: Breakfast at the [Stable Cafe](#)

January 18: [Make a Difference for Pleasanton Festival](#)

February 9: Breakfast at the [Stable Cafe](#)



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Stay Connected

