

NON-RESIDENT ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="border: 1px solid black; padding: 5px; width: 25%;"> <p>Sunflower Hill Led Activity Lizeth Led Activity Parent/ Resident Led Activity</p> </div> <div style="text-align: center;">  </div> </div>						
				1 Thoughtful Thursday 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	2 Fitness Class w/ Dave 4 - 5 PM Picnic at the Park 5:30 - 7 PM	3 
4 	5 BINGO! 4:30 - 5:30 PM	6 	7 Fitness Class w/ Dave 4 - 5 PM Cooking Class w/ Abby and Crystal 5 - 6 PM	8 Pet Therapy 4 - 4:30 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	9 Fitness Class w/ Dave 4 - 5 PM Fire Drill Practice w/Jodee 4 - 5 PM	10 
11 	12 Hike at Pleasanton Ridge 5 - 7 PM	13 Stained Glass Sidewalk-Chalk Art w/Lizeth 4 - 5 PM	14 Fitness Class w/ Dave 4 - 5 PM	15 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	16 Fitness Class w/ Dave 4 - 5 PM FRI-YAY! Just Dance! Party 5:30 - 6:30 PM	17 Scavenger Hunt at the Farmer's Market 10 AM - 12:30 PM
18 	19  Sunflower Hill Offices Closed	20 Music Therapy w/Lizeth 4 - 5 PM	21 Fitness Class w/ Dave 4 - 5 PM Cooking Class w/ Abby and Crystal 5 - 6 PM	22 Rainbow Art 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	23 Fitness Class w/ Dave 4 - 5 PM FRI-YAY! Movie and Bring Your Own Dinner 5:30 - 7:30 PM	24 
25 	26 Meadowlark Dairy Dessert Run 4 - 5 PM	27 Spanish Class w/Lizeth 4 - 5 PM	28 Fitness Class w/ Dave 4 - 5 PM Karaoke Night 5:30 - 7 PM	29 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	30 Fitness Class w/ Dave 4 - 5 PM Fri-YAY! Ice Cream and Game Social 5:30 - 6:30 PM	

ALL ACTIVITIES WILL BE HELD IN-PERSON. PLEASE REFER TO THE ACTIVITY OUTLINE FOR MORE DETAILS.

THE DATE, TIME, AND LOCATION FOR ACTIVITIES ARE SUBJECT TO CHANGE.

TO REGISTER, GO TO: [HTTPS://SUNFLOWERHILL.ORG/PROGRAMS/IRBY-RANCH](https://sunflowerhill.org/programs/irby-ranch)

SCAN THE QR CODE TO REGISTER:

