

Sunflower Hill Newsletter

June 29, 2021

SPACE IS LIMITED PURCHASE TICKETS TODAY!

A FUNDRAISER BENEFITTING SUNFLOWER HILL

- Performances by Kodi Lee, Regina Stoops
- "Inclusion" film by Futures Explored Film and Media Studio students
- VIP reception showcasing art, poetry & music by local adults with I/DD
- Irby Ranch resident will share thoughts on Living Independently
- Live & silent auctions, raffles, games, and more!



JULY 23 @ 7PM
BANKHEAD THEATER

Dear Sunflower Hill Supporter,

On behalf of everyone at Sunflower Hill, thank you for your constant enthusiasm and support! We are grateful for the shared moments of joy, for our program participants' eagerness to participate in both our virtual and in-person activities, and for masking-up and helping to keep everyone healthy and safe. We hope this newsletter finds you and your loved ones happy, healthy, and enjoying getting together with each other in-person!

The <u>Sunflower Showcase</u> is less than a month away, and we are busy finalizing the details for what is sure to be an unforgettable evening! We're excited to announce that students from <u>Futures Explored Film and Media Studio</u> in Livermore will be creating a special short film on "Inclusion" for the Sunflower Showcase! A film premiere would not be complete without hearing from the artists who created the piece, and we can't wait to hear what the students say about their film when they introduce it at the event. We're also thrilled to announce that one of our Irby Ranch residents will be onstage sharing her thoughts on "Living Independently". We'll also have several local artists with intellectual and developmental disabilities who will showcase their talents on this special evening. Guests attending in person will enjoy seeing their works of art, poetry, and music.

Space is Limited - Purchase Your Tickets Today!

Sunflower Showcase Tickets

Emceed by local comedian, <u>Regina Stoops</u> and featuring a live, on-stage performance by <u>Kodi Lee</u>, America's Got Talent Season 14 winner, the Sunflower Showcase will be held at the Bankhead Theater in Livermore on Friday, July 23, 2021. With games, raffles, live and silent auctions, and more, you won't want to miss this memorable evening! Don your favorite Wine Country Casual attire, and join us for a night showcasing and supporting adults with intellectual and developmental disabilities! Funds raised support the mission and vision of Sunflower Hill.

Thank you for continuing to support Sunflower Hill this year! Your generosity and passion for our mission and vision has and continues to have an <u>impact</u> on people with intellectual and developmental disabilities!

All my best,



Edie Nehls, Executive Director





Irby Ranch Resident Spotlight: Shannon

Don't miss this month's Sunflower Hill at Irby Ranch Resident Spotlight on Shannon, who has been living independently for many years. Shannon shares her recommendations for those who are wishing to live independently, her favorite place to get a burger, and her plans for 2021. Shannon has a bold personality and confident nature, displaying great leadership skills during activities and a willingness to help out. Don't miss Shannon's story and our other blog articles, which feature resident reviews, motivational activities, adaptive cooking tips, adaptive gardening tips, and more!

Subscribe to the Blog

Summer Programs Update

Summer Programs, both in-person and virtual, kicked off this month! Our in-person, Hands-on Garden Group program participants have been enjoying the beautiful weather and harvesting and preparing produce for donation to local non-profits. Our virtual, Cooking with Teacher Abby program participants have enjoyed preparing a "sweet treat" featuring fruits and veggies each week. There are still a few spots open in our Hands-On Garden Groups for July and August from 9:00 am - 10:30 am - come enjoy a summer morning in the Garden! Follow us on Facebook, Instagram, and LinkedIn to see the memorable pictures of our program participants in action.





Amazon Donations - Thank You!

Thank you to all who have donated items from our <u>Amazon Wish List</u> and via AmazonSmile! Your donations are helping equip our program teachers and residents with the tools they need! Thank you for supporting Sunflower Hill and adults with intellectual and developmental disabilities!

Summer Produce - Now on Sale!

Enjoy fresh, organic veggies while supporting Sunflower Hill! Each <u>Produce Box</u> contains greens, root vegetables (carrots, beets, bunching onion, or radish), herbs (dill, cilantro, parsley, oregano, thyme, rosemary), seasonal offerings (green beans, cucumber, tomato, sweet peppers, eggplant, and/or fruit), and a flower bouquet. Produce Boxes are \$25 each week or \$75 for the month of July (4 weeks of produce). Boxes are available for pickup at the Sunflower Hill Garden each Tuesday, beginning July 6, 2021. Pre-orders only.

Produce Details & Purchase

SUPPORT SUNFLOWER HILL









Click here to view our Amazon wish list.
Purchased items will be shipped directly to us!



Click here to join a special, dedicated group of people donating each month to provide residential housing options and robust programming for people with intellectual and developmental disabilities!



Donate Today!











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