

**Sunflower Hill**

Newsletter

May 29, 2020***Register for the Fun Run******Signup as an Individual
or Team Fundraiser****Benefiting Sunflower Hill*

Hello Sunflower Hill Supporter!

These past few months have been a whirlwind of activity! We hope this email finds you and your loved ones healthy and happy. We at Sunflower Hill have been busy reorganizing our plans for the remainder of the calendar year and transforming our programs and operations to ensure we are fulfilling our mission and vision of creating spaces and places of joy and purpose for adults with developmental disabilities. We are humbled by the love, support, and generosity that so many of you have shown our organization. Please read on to see how your steadfast support has enabled us to continue to provide programs, residential opportunities, and support for adults with developmental disabilities and those who are most vulnerable in our community. Thank you!

We hope you will join us outside and stretch your legs for our [virtual 5k run/walk](#), happening June 19 – June 28th. In partnership with the Alameda County Fair, Sunflower Hill is honored to be the beneficiary of this exciting event! We are very grateful to everyone at the Alameda County Fair for continuing to collaborate on this virtual event to spread inspiration and joy in our community. As this is a virtual event, you don't have to be local to participate. If you believe in our mission and vision, please share the [race registration](#) far and wide – let's see if we can encourage people from every continent participate!

As we begin to look forward to June and the start of summer, we wish you and your family health and joy!

Warmly,

Edie Nehls, Executive Director



Irby Ranch Update

The daily transformations at Sunflower Hill at Irby Ranch continue to amaze us! Big changes have been taking place both on the inside as well as the outside: from kitchen and bathroom fixtures to trees, a bocce ball court, and so much more, Irby Ranch looks amazing! Check out the [most recent construction pictures and video](#) of the interior at Sunflower Hill at Irby Ranch!

"It is fun to see the expressions on the kids' faces as the produce is taken out of the crates. Each week there is an excitement to see what has been harvested, what new fruits and veggies we can introduce to our kids and how the produce can be utilized in our family style meals."

Jill Gandara, Volunteer Relations at Shepherd's Gate

Expanding Produce Donations

While we miss our program participants and volunteers out at the Sunflower Hill Garden, we're doing our best to be good stewards of the land and continue to grow and harvest produce. We recently [expanded our produce donations](#) to include [Shepherd's Gate](#), a local nonprofit offering residential programs for women and children escaping cycles of addiction, homelessness and abuse. We look forward to the time when we can once again share the joy of planting and



Register Today!

**A Virtual 5K
or 1-Mile Fun
Run for All
Abilities**

Virtual Fun Run June 19 - June 28

Looking for a fun, virtual activity to do with family and friends while also helping adults with developmental disabilities and your community? [Register for the Sun's OUT Fun's OUT Virtual Fun Run!](#) Each registered participant receives a free 2021 Alameda County Fair admission ticket, free virtual classes from [JOYA](#) and [Dragonfly Yoga + Wellness](#), and more! Once registered for the Fun Run, [signup as a fundraiser or fundraising team](#) and promote your page to families and friends to maximize your impact for Sunflower Hill!



Online Activities Archive

Calling all program participants: did you know that you can view all of our 45+ online activity videos on our [YouTube channel](#)? We've created a wide array of activity videos including, Sunflower Hill Garden updates and crafts, art projects, yoga & exercise classes, meal prep/recipe making projects, plus a host of other learning and exploring activities! Check out our [Online Activities archive](#) today!

harvesting produce for donation with our program participants and volunteers.



Purchase a Produce Box

These gorgeous boxes of organic produce are now available to purchase from the Sunflower Hill Garden each week. Also available are plant starts, ranging from a variety of tomatoes and peppers to herbs. Each week's list of produce box items, along with plant start varieties are posted on our [website](#) every Monday. All proceeds go to furthering the mission and vision of Sunflower Hill.

Your Support Makes a Difference

Thanks to your generosity, we were able to raise a total of \$11,437 from 102 supporters on May 5, [Giving Tuesday Now!](#) In addition, we also recently received grants from [East Bay Community Energy](#), the [Rotarian Foundation of Livermore](#), and the [City of Pleasanton](#). Your support makes a difference in the lives of adults with developmental disabilities and those most vulnerable in our community. Thank you!

Make a Donation Today!

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5/29/2020

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