


DECEMBER

2025

Activity Calendar



Sunflower Hill

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Decorate the Community Room for the Holidays 3 - 5 PM	2 Persian Rhythmic and Bells with HCEB led by Naz 4 - 5 PM	3 Museum on Main Art Workshop 2:30 - 3:30 Fitness Class w/ Bri 4 - 5 PM Santa's Elves Hats with Adama 5:30-6:30 PM	4 Christmas Bingo with Tina: Win Prizes! 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	5 Fitness Class w/ Bri 4 - 5 PM Friday Night Live: Holiday Setlist from Serenading Strummers, Festive Activities, and more! 5:30 - 8 PM	6 Watch the Hometown Holiday Parade 4:30 - 6:30 PM
7 	8 Sun Squad: Crayon Sorting for the Crayon Initiative 4 - 5 PM Martial Arts with Pallen 5:45 - 6:45 PM	9 Hot Cocoa Bar + Walk to Candy Cane Lane 5:30 - 7 PM	10 Fitness Class w/ Keith 4 - 5 PM Christmakwanzukkah Greeting Cards with Adama 5:30-6:30 PM	11 Fun with VIP: Holiday Frame Decorating 4 - 4:30 PM	12 Ready Set Roll! Memory Game and More with Tina 11 am - 12 pm Fitness Class w/ Keith 4 - 5 PM	13 
14 	15 All About Hanukkah Play Dreidel, Latke Tasting and Toppings Bar, Learn to Spell Your Name in Hebrew 4 - 5 PM	16 Holiday Craft with Tina 3 - 4 PM Potluck, White Elephant Gift Exchange + Sugar Cookie Decorating 5 - 6:30 PM	17 Fitness Class w/ Bri 4 - 5 PM Pipe Cleaner Christmas Trees with Adama 5:30 - 6:30 PM	18 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	19 Fitness Class w/ Bri 4 - 5 PM	20 
21 	22 Pet Therapy and Coloring Hour 4 - 5 PM Martial Arts with Pallen 5:45 - 6:45 PM	23 Christmas Movie and Candied Popcorn Activity with Adama 5:30 - 7:30 PM	24	25 	26	27 
28 	29 New Years Countdown Bingo with Adama 5:30 - 6:30 PM	30	31  Fun with VIP: New Years Eve Potluck and Dance Party 5:30 - 7:30 PM	Sunflower Hill Led Activities HCEB Led Activities Parent/Resident Led Activities SAHA Led Activities Scan the QR Code to Register for Events! 		

It's time to fill out updated liability waivers to attend programs at Irby Ranch. Find our 2025/2026 updated liability waiver [here](#).

HAPPY HOLIDAYS

Please refer to the Activity Outline for more details.

The date, time, and location of activities is subject to change.

Please check the community cork board for more activities led by residents and caregivers

To register, go to

<https://sunflowerhill.org/programs/irby-ranch/>

*If a participant requires 1:1 support to engage in an activity, it is required to bring your own support. Parent/caregiver/support staff should plan to attend and fully participate in each activity, supporting the participant as needed. Sunflower Hill staff does not provide 1:1 support during activities.

**Registration is required to participate in Sunflower Hill Activities at Irby Ranch.