



Activity Non-Resident Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Martial Arts with Pallen Martial Arts 5 - 6 PM	2 Bring-Your-Own-Dinner and Movie Night with Adama 5:30 - 7 PM	3 Fitness Class w/ Bri 4 - 5 PM <hr/> June Bugs with Adama 5:30 - 6:30 PM	4 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	5 Fitness Class w/ Keith 4 - 5 PM	
7 	8 Baseball Clinic with The Dublin Leprechauns 4 - 5:30 PM	9 Karaoke with Adama 5:30 - 6:30 PM	10 Fitness Class w/ Bri 4 - 5 PM <hr/> Flag Day Craft with Adama 5:30 - 6:30	11 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	12 Fitness Class w/ Keith 4 - 5 PM <hr/> Irby Ranch Farmer's Market 3:30 - 4:30 PM <hr/> Friday Night Live! Live Performances, Dinner Provided, Hands on Activities and More! 5 - 7:30 PM	13
14 	15	16 Sun Squad: Sorting Crayons for the Crayon Initiative 4 - 5 PM	17 Fitness Class w/ Bri 4 - 5 PM <hr/> Board Game Nights at Sunflower Hill with Roll for Inclusion 5:30 - 7:30 PM	18 Fun with VIP: Dessert Festival 4 - 5 PM <hr/> Father's Day Craft with Adama 5:30 - 6:30	19 Sunflower Hill Offices Closed <hr/> Fitness Class w/ Keith 4 - 5 PM	20
21 	22 Pet Therapy and Coloring Hour 4 - 5 PM <hr/> Martial Arts with Pallen Martial Arts 5 - 6 PM	23 Learning with Sunflower Hill: Dining Out and Basic Restaurant Etiquette 4 - 5 PM	24 Evening at the Alameda County Fair Time: TBD	25 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	26 Fitness Class w/ Keith 4 - 5 PM	27
28	29	30 Cooking Class with Annie and Adama: No Bake Cookies 4 - 5 PM	 Scan the QR Code to Register for Events!			

Please refer to the Activity Outline for more details.

The date, time, and location of activities is subject to change. Please check the community cork board for more activities led by residents and caregivers

<https://sunflowerhill.org/programs/irby-ranch/>

Sunflower Hill Led Activities
HCEB Led Activities
Parent/Resident Led Activities
SAHA Led Activities

*If a participant requires 1:1 support to engage in an activity, it is required to bring your own support. Parent/caregiver/support staff should plan to attend and fully participate in each activity, supporting the participant as needed. Sunflower Hill staff does not provide 1:1 support during activities.

**Registration is required to participate in Sunflower Hill Activities at Irby Ranch.