

JULY

2025

Activity Calendar



Sunflower Hill

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Learning with Olivia: Daily Hygiene Activities and Staying Healthy 4 - 5 PM	2 Fitness Class w/ Bri 4 - 5 PM Jam Session with Olivia and Jennifer T 5:30 - 6 PM	3 4th of July Crafts with Tina 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	4  Sunflower Hill Offices Closed	5 
6 	7 Songs from 13 Jr. Performed by Pleasanton Youth Theater Company 4 - 5 PM	8 Dublin Leprechauns Baseball Game <u>Tickets Required</u> 6 - 9 PM	9 Fitness Class w/ Keith 4 - 5 PM Bring-Your-Own-Dinner + Bingo Night 5 - 6 PM	10 Pet Therapy and Coloring Hour with Crystal 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	11 Fitness Class w/ Keith 4 - 5 PM	12 
13 	14 Learning with Olivia Week 2: Daily Hygiene Activities and Staying Healthy 4 - 5 PM	15 Cooking Class: Patriotic Parfaits 4 - 5 PM	16 Fitness Class w/ Bri 4 - 5 PM	17 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	18 Farmers Market Friday with Victoria 3:30 - 4:30 PM Fitness Class w/ Bri 4 - 5 PM Friday Night Live! Live Performances, Dinner Provided, Hands on Activities and More! 5:30 - 8 PM	19 
20 	21 Bring-Your-Own-Dinner + Movie Night with VIP 4:30 - 6 PM	22	23 Fitness Class w/ Keith 4 - 5 PM	24 Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	25 Fitness Class w/ Keith 4 - 5 PM	26 
27 	28 Virtual Popcorn Chat: Book Club This Month's Book: Chronicle's of Narnia: The Lion the Witch and the Wardrobe 4 - 5 PM Zoom Link	29 Cooking Class: Bruschetta Dip 4 - 5 PM	30 Irby Ranch Farmers Market 3:30 - 4:30 PM Fitness Class w/ Bri 4 - 5 PM	31 Creative Movement with Tina: Taught by Kody and Sailor 4 - 5 PM Adaptive Yoga w/ Kristen 5:15 - 6:05 PM	Sunflower Hill Led Activities HCEB Led Activities Parent/Resident Led Activities SAHA Led Activities	

Scan the QR Code to Register for Events!



Please refer to the Activity Outline for more details.

The date, time, and location of activities is subject to change.

Please check the community cork board for more activities led by residents and caregivers

To register, go to

<https://sunflowerhill.org/programs/irby-ranch/>

*If a participant requires 1:1 support to engage in an activity, it is required to bring your own support. Parent/caregiver/support staff should plan to attend and fully participate in each activity, supporting the participant as needed. Sunflower Hill staff does not provide 1:1 support during activities.

**Registration is required to participate in Sunflower Hill Activities at Irby Ranch.