



Sunflower Hill Newsletter

November 9, 2021



Dear Sunflower Hill Supporter,

Happy November! I hope the beginning of this holiday season kicks off with some family fun after a long separation due to COVID.

As the Interim Executive Director, I'll be partnering with staff, the Board of Directors, our partner organizations, and volunteers to continue the essential work of the organization until the permanent Executive Director is in place. My entire career has been dedicated to working in, with, and for organizations that focus on individuals with intellectual and developmental disabilities (I/DD). I'm thrilled to now be part of Sunflower Hill's future as its mission is very important to me. Throughout my career, I have worked in many non-profit organizations that offer services or housing for people with disabilities. In addition to being an Executive Director, I have also been a speech therapist, a special education teacher, the founder of a non-profit employment service for individuals with disabilities, and more!

It's an exciting time for Sunflower Hill! The Board of Directors recently approved a Strategic Plan with powerful mission and vision statements, strategic priorities, and goals that will guide the future of the organization! I hope you will take a moment to read the [Plan Highlights](#) and share the document with friends and family.

Sunflower Hill's Mission:

To create places and spaces where adults with intellectual and developmental disabilities live, work, learn, and thrive as part of the greater community.

I look forward to meeting many of you in the coming weeks as we continue to provide engaging programs and residential housing options for people with I/DD.

Jan

Jan Cohen, Interim Executive Director



Strategic Plan Highlights

We're excited to share the [Highlights of our Strategic Plan](#)! Sunflower Hill is well positioned for significant growth in the next few years, and we look forward to your continued support and enthusiasm for our mission, vision, and strategic goals. As you'll read, the plan details our commitment to offering meaningful programmatic opportunities for adults with I/DD at Irby Ranch, the Garden, and virtually. Additionally, we continue to work each day to close the housing gap and create more affordable housing options for people with I/DD.

Produce Donation Update

The last of the summer crops have been harvested and fall plants are now being transplanted from the greenhouse into the ground! With help from program participants and volunteers, we are thrilled to be able to continue to provide fresh, organic produce to local non-profits like [Culinary Angels](#), [Tri-Valley Haven](#), and [Shepherd's Gate](#). This year, we've donated over 2,000 pounds to these organizations serving those who are most in need. We are truly honored to be the stewards of this unique space and a much needed resource for our community.



Together we give.

SAVE THE DATE Nov 30, 2021

GIVING TUESDAY

SUNFLOWER HILL BLOG: TOXIC POSITIVITY

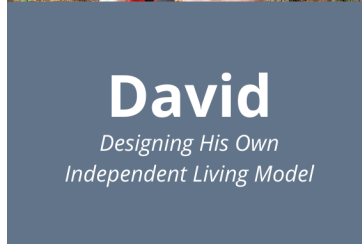
Simple tips to shift to a Positive Mindset

sunflowerhill.org/blog



Lauren

A Feeling of Community



David

*Designing His Own
Independent Living Model*



Wellness Wednesday: Toxic Positivity

Can positivity be toxic? Our recent Wellness Wednesday blog article focuses on the topic of [toxic positivity](#) and offers simple tips on how to shift to a Positive Mindset.

Irby Ranch Resident Spotlights

Don't miss our two recent Sunflower Hill at Irby Ranch Resident Spotlights on [Lauren](#) and [David](#)! Learn how they live independently, their favorite activities, and their hopes for the future.

Don't Miss Any of Our Blog Stories

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Read our other blog articles featuring [resident spotlights](#), [resident reviews](#), [motivational activities](#), [adaptive cooking tips](#), and [adaptive gardening tips](#).

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