



Create-Your-Own Flavor Spa Water

Materials

- Cutting board
- Knife
- Pitcher
- Water

Topping ideas

- Berries: strawberry, blueberry, raspberry
- Cucumber
- Herbs: basil, mint,
- Citrus: lemon, lime, orange

Directions

1. Thinly slice your chosen herbs and fruits and add them to a pitcher. Give them a stir to muddle the flavors!
2. Fill your pitcher with cold water. Let your water chill and infuse in the fridge for at least 30 minutes before serving! The longer you let your ingredients infuse, the stronger your flavors will be!
3. Serve over ice and enjoy!

Flavor Combination Examples

- Cucumber, lemon, mint
- Raspberry, lime, basil
- Strawberry, lemon, basil
- Cucumber, blueberry, lemon
- Pineapple, mint
- Watermelon, mint, basil