

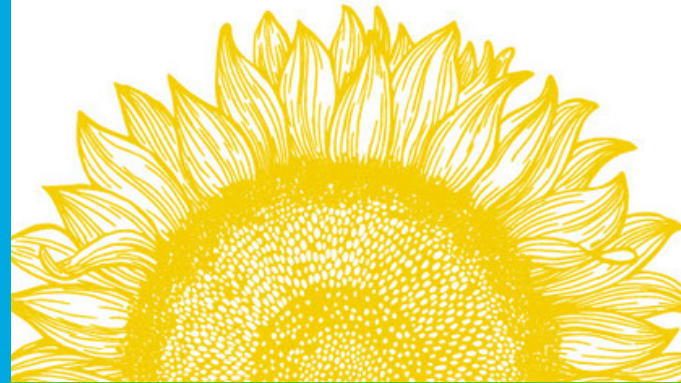
## Get Involved & Make an Impact!

Sunflower Hill is a non-profit dedicated to creating spaces and places where adults with intellectual and developmental disabilities live, work, learn, and thrive.

Visit our website to:

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Your generosity supports the mission and vision of Sunflower Hill.



[www.sunflowerhill.org](http://www.sunflowerhill.org)

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***Residential Communities  
and Programs for Adults  
with Intellectual and  
Developmental Disabilities***



*"Our residents  
and program  
participants  
inspire us."*

— Edie Nehls, Executive Director

# What We Do

## Residential Communities

Our first residential community, Sunflower Hill at Irby Ranch is designed to offer accessible and exceptional homes for adults with intellectual and developmental disabilities. We are committed to developing affordable and inclusive housing that allows for our residents to make choices about the life they want to live so that they can thrive!

At **Irby Ranch**, we offer a wide range of virtual and in-person programs fostering independent living and life skills, as well as health and fitness activities.



Garden Program Participant

## Non-Residential Programs

We offer in-person and virtual programs for adults with intellectual and developmental disabilities. Our **Garden** programs include educational, therapeutic, and life skills activities. Our live, **virtual programs** include **Cooking Classes** to improve independent living skills, and our popular **Popcorn Chat** program, designed to promote friendship and well-being, while encouraging and building social confidence when using virtual platforms. Our free, **Online Activities** include over 150 pre-recorded video activities designed to get participants moving and learning.

*With over 60% of adults with developmental disabilities living with an aging parent, the need to develop independent living communities with a broad scope of programs and amenities is very real.*

Source: Statewide Strategic Framework for Expanding Housing Opportunities for People with Intellectual and Developmental Disabilities



Irby Ranch Resident