



## Winter Citrus Salad

### Salad

- Handful Arugula
- Radish - any type you like
- Fennel
- Orange - any type you like
- Calendula flower petals (optional)

### Dressing

- 1-2 Tablespoons Honey
- ¼ Cup Olive Oil
- 2 Tablespoons Red Wine Vinegar
- 1 Tablespoon Mustard
- 1 Clove Garlic
- Salt & Pepper to Taste

### Directions

To prepare the salad dressing:

- Mince the garlic clove
- In a jar with a lid, combine garlic, honey, olive oil, red wine vinegar, mustard, salt, and pepper
- Shake to mix



## Directions (Continued)

To prepare the salad:

- Thinly slice radish and put aside
- Thinly slice fennel bulb and put aside
- Peel, and thinly slice orange and put aside
- Add arugula leaves to a bowl
- Pour dressing over arugula leaves and toss with your hands or a spoon
- Add radish and fennel slices to the bowl and mix with arugula
- Put arugula, fennel, and radish mixture on a plate
- Top mixture with orange slices and calendula flower petals (optional)
- Enjoy!